

POOLSIDE PERCY

A refreshing summer sensation that has just the right amount of sweet, sour and bite.

Prep time: 5 minutes

Serves: 2

Ingredients

- ▲ 6 fresh or frozen strawberries
- ▲ ½ orange, peeled and roughly chopped
- ▲ ⅔ cup coconut water
- ▲ 1 ⅓ cup no-added-sugar grapefruit flavoured sparkling water
- ▲ 2 sprigs of mint, to serve (optional)
- ▲ 2 slices of cucumber, to serve (optional)

Method

1. Add strawberries, orange and coconut water to a blender or jug that can be used with a stick blender. Blitz until smooth.
2. Just before serving, divide into 2 glasses (strain if desired) and top with ⅔ cup of sparkling water per glass.
3. Garnish with mint and cucumber slices if desired (*see tip*).

Tip: Slap the mint leaves between your palms to get a stronger flavour out of them.



PINEAPPLE SPARKLER

This drink combines the fiery heat of ginger with the bright sweetness of pineapple.

Prep time: 5 minutes
Serves: 2

Ingredients

- ▲ 2 pieces glace ginger or 1 piece crystallised ginger
- ▲ $\frac{2}{3}$ cup canned pineapple pieces (canned in juice), drained
- ▲ 1 tsp lemon juice or apple cider vinegar
- ▲ $1\frac{1}{2}$ cups soda water

Method

1. Add ginger, pineapple and lemon juice/vinegar to a blender or jug that can be used with a stick blender. Blitz until smooth. Add a little water if needed to get the mixer going.
2. Just before serving, divide into 2 glasses (strain if desired) and top with $\frac{3}{4}$ cup of soda water per glass.

Variation

- For more ginger kick, add freshly grated ginger with the pineapple.